



St. Mary Catholic Schools

812 N. State Ave.
Dell Rapids, SD 57022
(605) 428-5591
(605) 428-5377 (Fax)



April 15, 2009

To: All MS-HS Parents
From: Mr. DeJong, Athletic Director

Dear Parents,

Please mark your calendars! The Activities Meeting will be Thursday, August 13th at 6:30 pm in the lunchroom. This meeting will encompass **ALL** activities for the **entire 09-10** school year. We look forward to seeing you there.

It's the time of year again for athletic physicals. The Dell Rapids Medical Clinic will offer group physicals on Wednesday, April 22nd at 5:00 pm for St. Mary Students. Please be on time. The charge will be \$25 per student. The clinic would like a head count, so please email kfiegen@sfcss.org or call the school at 428-5591 if your child plans on attending.

Please make your check payable to "St. Mary Catholic Schools or SMCS" and bring to the high school office by April. St. Mary's will write one check for all physicals. You may turn your forms in to the HS office along with payment to avoid misplacing them, or you can hand your check to the SMCS staff member at the clinic at the time of your physical. Please do not forget payment!

Students with insurance that covers a sports physical exam can schedule a regular appointment at the clinic. Insurance claims will not be filed when the physical is performed on the set group date.

You must bring your physical forms to the clinic and they **must be** filled out and signed by a parent, or the physical **will not** be performed.

Girls are reminded to wear shorts or bring them along.

Students are reminded to wear or bring glasses if they use them and/or contacts.

You will notice some changes in the forms as they have been updated. Please **DO NOT** make any changes on these forms as they come from the state.

St. Mary Catholic Schools require physicals on a biannual (every other year basis). **All students who plan on participating in any extra-curricular athletic activities (this includes cheerleading) are required to have a current athletic physical by the SDHSAA.**

Turn Over →

Our Mission

To enable our students to become all that God created them to be by ensuring excellence and equality in education.

Current St. Mary students will need the following forms for the 2009-2010 school year:

- **Juniors**—Brittany Brown, Kylie Rush, Abbie Schuring, Maggie Swift, and Johnathan Welbig need physicals. The rest of the class needs Interim forms filled out.
- **Sophomores**—Doug Scholten needs Interim forms filled out. The rest of the class needs physicals.
- **Freshman**—Cody Gannon and Kiley Wolles need physicals. The rest of the class needs Interim forms filled out.
- **8th Grade**—Peter Nebben and Tori Michel need Interim forms filled out. The rest of the class needs physicals.
- **7th Grade**—Sam Carlson, Alex Eulberg, Joe Wolles need physicals. The rest of the class needs Interim forms filled out.
- **6th Grade**--All need physicals.

If your child needs a physical, please fill out the *Initial Pre-Participation History* (**white**—form 1B), and the *Consent to Medical Treatment* (**green**--form Phys 3), as well as bringing the *Physical Examination* (**yellow**--form Phys 1C) to the physical. Please fill out and sign the HIPAA (**blue**—form PHYS 5) and the Annual Parent and Student Consent Form (**Pink**—form Phys 4).

If your child does NOT need a physical, you still have some paperwork to fill out. The *Consent to Medical Treatment* (**green**--form Phys 3) and the *Interim Pre-Participation History* (**purple**-form Phys 2) must be filled out and turned in to the office. Please fill out and sign the HIPAA (**blue**—form Phys 5) and the Annual Parent and Student Consent Form (**Pink**—form Phys 4).

Thank you for your cooperation in this matter.

Sincerely in Christ,

Tim DeJong
Athletic Director
St. Mary Catholic Schools
tdejong@sfcss.org

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