

SEPTEMBER MENU 2011

1%, SKIM & SKIM CHOCOLATE MILK OFFERED DAILY

<p><u>Salad table includes cucumbers, diced egg, low fat vanilla yogurt, lettuce, carrots, Bl. Olives, - con't--</u></p>	<p><u>Skim Cottage Cheese, French & ranch dressing, croutons, peas, celery, onions, peppers</u></p>		<p>1 Grilled Chix sand, cheesy veges, fruit, k, bbq,</p>	<p>2 Cheese Pizza, corn, fruit, pudding</p>
<p>5 NO SCHOOL</p>	<p>6 Chz. quesadillas, salsa, s. cream, corn, dinner roll, butter</p>	<p>7 Orange chicken wraps, swt potato puffs, fruit, k, s. cream</p>	<p>8 Ham, scalloped taters, fruit, bread, butter, k, m</p>	<p>9 Chicken, noodles and rice, peas, fruit, dinner roll, butter</p>
<p>12 Spaghetti, peas, fruit, bread sticks, butter</p>	<p>13 Chicken Nuggets, mashed taters, gravy, fruit, k, m bbq, honey, bread, butter</p>	<p>14 Hot dogs, Bun, Mac & Cheese, Beans, fruit, k, m, relish</p>	<p>15 Goulash, swt. Rolls, gr. beans, fruit, shredded cheese</p>	<p>16 Cheese pizza, corn, fruit, Jell-o</p>
<p>19 Chicken fried steak, mashed taters, gravy, fruit, bread, butter, k</p>	<p>20 Hamburger Pita pizza, corn, fruit</p>	<p>21 Breaded Chix patty sand, sweet tater fries, fruit k, bbq, mayo, pickles</p>	<p>22 Crisпитos, cheese sauce, salsa, s. cream, fruit, dinner roll, Pudding</p>	<p>23 Hamburger Gravy, mashed taters, fruit, bread, butter</p>
<p>26 Taco's, shredded cheese, salsa, sour cream, corn, fruit, dinner roll, butter</p>	<p>27 Corn Dogs, O Rings, Cinnamon bread, mixed veges, fruit, butter, k,m</p>	<p>28 Sub sand, fruit, peas, chips, mayo, pickles, BIRTHDAY CAKE</p>	<p>29 Hot ham/cheese sand. Baked tater, butter, s. cream ,k, pickles, shred cheese, fruit</p>	<p>30 Cheese pizza, corn, fruit, Ice cream sandwich</p>