

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 No School	Teacher In -service <sup>3</sup>	Chicken tenders Tater tots Fruit K-M-BBQ-Honey Homemade bread butter <sup>4</sup>	Corn Dogs Onion rings Cinnamon Bread carrots Fruit Butter/ketchup ~mustard <sup>5</sup>	Crispitos Cheese sauce Fruit~ corn Sour cream ~ salsa Homemade bread~ butter <sup>6</sup>
Spaghetti Peas Fruit Shredded cheese Homemade bread <sup>9</sup>	Chicken Grille Homemade bun Rice Cheesy Broccoli Fruit K-BBQ <sup>10</sup>	Shredded Pork Homemade Bun BBQ Fruit Pickles Potato chips <sup>11</sup>	Pita Pizza Corn Fruit pudding <sup>12</sup>	Hot Turkey slices Mashed taters/gravy Fruit Homemade bread Butter <sup>13</sup>
Popcorn chicken Tater tots Fruit K-M-BBQ-Honey <sup>16</sup>	Hot Dogs Homemade Bun Baked Beans Chips Fruit K-M-Relish <sup>17</sup>	Chicken Gravy Buttermilk Biscuits Peas Fruit <sup>18</sup>	Mini Pizza Bagels Green beans Fruit Jell-o <sup>19</sup>	Taco's Corn , Fruit Salsa ~shredded cheese Sour cream Homemade bread~ butter <sup>20</sup>
Sloppy Joe Homemade Bun Au Gratin taters Fruit Cheese slice~ pickles <sup>23</sup>	Brats Homemade bun Chips Mac & Cheese K-M <sup>24</sup>	Sub Sandwich Fruit Mixed veges Mayo-m-pickles Birthday cake <sup>25</sup>	Quesadilla Fruit Corn Salsa/ sour cream Homemade bread/ butter <sup>26</sup>	Homemade cheese pizza Corn Fruit Pudding <sup>27</sup>
Chicken patty Homemade bun French fries K-BBQ-Mayo-pickles <sup>30</sup>	Hamburger Gravy Mashed taters Fruit Homemade Bread butter <sup>31</sup>	<div style="border: 1px solid black; padding: 5px;"> <ul style="list-style-type: none"> <li>• 2 &amp; 3 NO SCHOOL</li> <li>• Please call 428-3450 one day prior to join us for lunch</li> </ul> </div>		

### NUTRITION TIP: Stay Active

MyPlate recommends making physical activity a regular part of the day

- At Home
- At Work
- At Play



- Salad bar includes, lettuce, carrots, cottage cheese, cucumbers, yogurt, diced egg, peas, celery, peppers, and onion, French & ranch dressing & croutons
- Menu subject to change.. 1%, skim & skim choc. milk daily